



The BUZZ WORD

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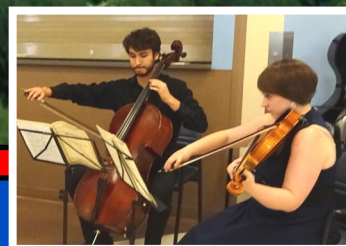
"FULFILLING THE PROMISE"



4th of July



Eagles Concert Band



Taconic Music



VERMONT VETERANS' HOME

Fulfilling the Promise

The Vermont Veterans' Home was established in Bennington in 1884. It is governed by a Board of Trustees appointed by the Governor. The VVH offers a complete range of specialized care services for its residents. VVH goals focus on insuring the dignity, independence, and the highest possible care and quality of life for each resident.

VVH is licensed to meet all levels of care for its residents and the VVH's departments and staff work together to provide those levels of care.

For any Further Questions Please Contact:

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<http://vvh.vermont.gov>

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From the Administrator... Melissa Jackson



The Summer at VVH has been a busy one. We just enjoyed our annual concert from the Eagles Band and our VVA and VFW picnics in July. August has many activities planned as well. We will have a visit from the VFW Riders on August 10th and have our annual visit and picnic from the USS Bennington PACT on August 16th.

VVH's incredible staff received another honor recently; VVH was selected as one of the 2019 Best Extended Care and Nursing Homes in the country by the Women's Choice Awards. This well-deserved award recognizes the hard work and dedication VVH's staff has to our Veterans and Members. Our staff is truly top-notch, please thank them on this recognition the next time you are visiting VVH.

In November of this year the Centers for Medicare and Medicaid Services will be implementing some new nursing home regulations. Education and policy development are in progress and will be completed long before the November deadline.

We are also in discussions with the Vermont Ethics Network on a contract for their services when ethical issues arise. Once the contract is finalized, they will be providing education to our staff and will be available for consultation as needed.

I hope you enjoy the remainder of your summer.

Melissa A. Jackson, BSW, LNHA, FACHCA
Chief Executive Officer
Vermont Veterans' Home
www.Vvh.vermont.gov



TACONIC MUSIC presented the: NEXTGEN CONCERT



Katherine Gilger
Violin

Sicong Chen
Violin

Jacob Barker
Cello

Isaiah Pennington
Cello

Kristi Holstein
Viola

Elizabeth Tobald
Viola

This concert was made possible by the Vietnam Veteran and documentary film maker of Atomic Veterans Garry Dufour, and generously sponsored by The Bank of Bennington.

Music with Sheila





VVA BBQ PICNIC LUNCH



Thank you New Experience Camp
For your generous donation of the **Three Hand Crafted Picnic Tables!**



Member's of the New Experience Camp received Vermont Veterans' Home Challenge Coins from Melissa Jackson, CEO for the outstanding work and donation.



Thank you,
**Stephen Leach &
Vermont VFW**
*for your donation
to our Activities
Fund*

**On behalf of the Veterans/Members, we
sincerely thank the following for their
generous donations.**

Brunswick Harley Davidson, Inc.
Joel Whiting
SAA

Living Sober
Dept. of VT Auxiliary VFW
VFW— Art Charron
B.P.O.E. 567

Pownal American Legion Auxiliary
VFW Post 1332

DAV Auxiliary, Bennington Chapter #4
VFW District #4

Phyllis and Rhonda Roberts
Congregational Church,
United Church of Christ
Stephen A. Leech
David & Mary McKeighan
Janet Nido

Victor & Susan Smith
Mark 'Bo' Bollhardt
American Legion Post 49
Senior Crime Stoppers
Kathleen Praetorius

James Camp
Gary & Margaret Rogers
Sandra Barrows
Virginia Couch
Ruth Ekstrom
Donna & Steve Young
Sue Whitney



Thank you,

**Robert Houran for your
Donation on behalf of the
State Line Car Club.**

*Congratulations on another
excellent Car Show this year!*

**Show your Support at the
VVH Apparel Store!**

T-Shirts-\$15

Sweatshirts-\$25

Sweatpants-\$20

Zip Hoodie-\$35

Polo Shirts-\$25

Baseball Cap-\$20

Winter Hat-\$12

Scarf-\$12

Ornaments- \$8

VVH Pens-\$3

Small Totes- \$15

Large Totes-\$20

Wind Breakers: Unlined-\$23-\$27

Lined—\$27-\$31

From Deputy Administrator—Colonel Al Faxon

Vermont Veterans' Home family and team, it continues to be a busy summer!....Picnics, car shows, public concerts, motorcycle Veteran's Run, Military Service Birthdays, and more....Awesome! Almost all of the events listed above are supported in some form or fashion by our tremendous community. They do this for us because of you, the special people that live and work here.....hopefully you feel good about that.



The VVH Range is busy!

As you read this, we are attending the National Association of State Veterans' Homes Summer Convention in Denver, Colorado. It presents a valuable opportunity to associate with those from other State Veterans' Homes; it will be a time to learn and share our experiences, challenges, and solutions.



VFW Picnic

The Vermont Veterans' Home looks remarkable this time of year, with its extensive property, deer park, War Memorial, trout pond, athletic fields, etc... It is truly the Gem of Bennington as Col Joe Krawczyk, Chairman of the Board of Trustees has stated on many occasions.

Thus, I would like to acknowledge all of you who maintain the grounds of our wonderful home in the manner you do. Anyone who visits our property for the first time is awed by the landscaping and beauty of the surroundings. To our Environmental Department, you do an amazing job maintaining the property and keeping the grounds trimmed and spruced up, and I recognize this effort is never ending.

Therefore.....for all of us living, working, or visiting the Vermont Veterans' Home.....I thank you!



Semper Fi"
AF



Concert on the lawn

THE BUZZ WORD

Three ways for you to receive the Vermont Veterans' Home monthly newsletter:

- ♦ Vermont Veterans' Home website:
 www.vvh.vermont.gov
 Click on About Our Home
 Click on Newsletters
- ♦ Email
- ♦ Mailing List

To be added to our lists please contact:

The Buzz Word
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VVH WISH LIST

Mittens
Pinball Machine/Game
Neck Pillows Body Pillows
I-Pods & I-Tune Cards or CD Players
Newspaper Subscriptions
Costume Jewelry or Stamps
(New) Men's Belts and Suspenders
Earphones for TV and Music
Outdoor Benches

Your donations are gratefully accepted.

**Please make check for monetary donations
out to Vermont Veterans' Home:**

Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201

THANK YOU

We are looking for people with music talent and or special talents of any kind who would like to give time to our veteran's and members on our special care unit. Please contact Michele Burgess at michele.burgess@vermont.gov or call 802-447-6520.

DONATION INFORMATION

Your donations are gratefully accepted.
Please make check out to Vermont Veterans' Home:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Please indicate to which fund(s) you are donating:

Members Assistance:

Directly to Veterans/Members
Furniture, Haircuts, Clothing
Other personal needs

Namaste Program Fund:

Oils for relaxation
Supplies, Equipment

Unrestricted Fund:

Facility equipment
Large purchase

Activities Fund:

Entertainment

Music & Memory Fund:

iPods, Headphones, iTunes cards

NEW: Veteran's Mobility Trail

Monetary donations toward
a paved walkway around
the perimeter of the VVH

PLEASE NOTE:

**** We will NOT BE ACCEPTING
books, magazines, VCR tapes or
clothing at this time. THANK YOU
to all who have donated to our
Veterans at VVH.**

TICK TALK **Peter King MD**

It's the middle of summer and many of us are enjoying the great outdoors as it is a perfect time to appreciate all that nature has to offer. One thing to keep in the back of our minds is exposure to ticks and tick related illness in Vermont that comes along with spending time in our rural setting.

What about prevention of tick related disease?:

Some important practices that can help allow us to enjoy nature but also lower the chances of contracting a tick related illness:

Do a tick check of yourself, your children and your pets after spending time in a tick infested area (grassy meadow, woods, and brush). Ticks like to attach in skin folds, abdomen, scalp, groin, or armpits, although they can attach anywhere. It may be helpful to have someone help or use a mirror for hard-to-see areas. Doing a tick check in the shower can often help spot a tick.

Wear light colored clothing when spending time in a tick infested area and tuck pant legs into your socks to help prevent ticks finding your skin. Long sleeved shirts and long pants can also help skin exposure.

Use repellants: products that use DEET (20-30% concentration) can be applied directly to the skin and products that use permethrin can be applied to the outer layer of clothes. Use a tick repellant for your pet as recommended by your veterinarian.

Remove ticks immediately because it can take some time after a tick attaches before they start transmitting the infection. Use tweezers and grab them close to the skin and pull back and upward with constant pressure. Wash the area with soap and water, alcohol or an iodine scrub. Don't use fingers, lit matches, gasoline, kerosene, petrolatum jelly, or fingernail polish.

Don't let fear of a tick related disease stop you from enjoying the many benefits of spending time in the natural world, just remember to follow the above steps to stay healthy!

TWIG REMEMBERS...Doc Williams

If you needed info on history in Poultney, Vermont, he was the one to ask. Doc was also very active in leadership and the Poultney Valley Club. He started and leaded State Line Band that had members from New York and Vermont.

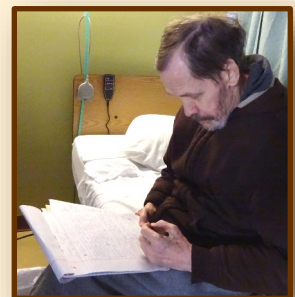
The band was always a good entry in the huge Poultney 4th of July parade, and they were always on the Green in East Poultney each Sunday evening summer night. They played all kinds of music for the crowds that ranged in age from 10 to 90.

Doc was the number one Slate Roofer in the area who could fix any problem quickly with very reasonable prices. His son, Dan, has followed in Dad's footsteps with a very successful slate roof repair business of his own.

Doc was one of these old boys who knew everybody for miles around and everybody knew him right back.

God Bless Good Ole Doc Williams.

You get what I mean...."Twig Remembers"



Robert "Twig" Canfield

The Eagles Concert Band



*Thank you Rayleen Carangio & the VFW Auxiliary
For the donation of reading materials.*



*Thank you Stan Greensled, 4th District and Post 13
Commander for your donation!*