

The

BUZZ

WORD

Volume **10** Issue 10
October 2019



“FULFILLING THE PROMISE”

www.vvh.vermont.gov



VERMONT VETERANS' HOME

Fulfilling the Promise

The Vermont Veterans' Home was established in Bennington in 1884. It is governed by a Board of Trustees appointed by the Governor. The VVH offers a complete range of specialized care services for its residents. VVH goals focus on insuring the dignity, independence, and the highest possible care and quality of life for each resident.

VVH is licensed to meet all levels of care for its residents and the VVH's departments and staff work together to provide those levels of care.

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<http://vvh.vermont.gov>

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From the Administrator... Melissa Jackson



Happy Fall!!

The leaves are slowly changing and our Veterans and Members made their first trip to the Apple Barn for cider donuts and of course apples. Trips such as this one take the coordination of our recreation and nursing staff. It is this great teamwork that makes VVH a great place to live and work.

On September 25th, I had the honor of being present when Michelle Hunt, Activity Aide, was awarded the Activity Aide of the Year Award by the Vermont Health Care Association. Nominated by Steve McClafferty her nomination states:



“Michelle has a unique quality about her in that she is constantly interacting with the Veterans/Members of VVH. Examples of this include taking them out to the air soft rifle/pistol range; having them participate in activities such as Halloween parade and bringing them ice cream, popcorn and candy during rounds. It also helps that she is an LNA so that she can ensure their safety and watch over them on external outings. Since she has been here for many years she is not only dedicated to the Veterans/Members but also to the success of the community. During the past few years while the Director of Activities was out sporadically, she easily stepped in to the role to ensure the Activities Department continues to function and to provide the necessary interaction that the Veterans/Members look forward to.”

Please join me in congratulating Michelle on this well-deserved honor.



Melissa A. Jackson, BSW, LNHA, FACHCA
Chief Executive Officer
Vermont Veterans' Home
www.Vvh.vermont.gov



The American Legion Auxiliary, Unit 13 donated a beautifully crafted wooden bench that is located in the Gibney Pavilion. On the far right, pictured with the Ladies Auxiliary are Michele Burgess and Col. Al Faxon.

Guess what time of year it is already!

Patricia Babcock, RN IP



It's hard to believe that the flu season will soon be here for the 2019-2020 season. The more residents and staff that receive the influenza vaccine the more protection we will all have.

Many of our Veterans and Members are very compromised with major health issues and their immune system simply cannot fight off the flu.

Vaccines help our bodies develop immunity by imitating an infection. The “inactivated” vaccine that we receive DOES NOT CAUSE THE FLU, instead it produces antibodies in your body. The body is left with a supply of “memory” and the antibodies remember how to fight the disease in the future. Antibodies sound a red alert when they identify bad germs.

Also, it is no longer the case that if you have an egg allergy you should not receive the flu vaccine. The FDA has approved a new way of making the flu vaccine that does not use eggs. CDC recommends that you receive the flu vaccine by the end of October, however, getting the vaccine after would also be beneficial.

Let's all work together for this year's flu campaign to keep everyone healthy at VVH!!

QAPI CORNER

by Karen Divis, Quality Assurance Nurse

QAPI GUIDING PRICIPLES

QAPI participation includes an IDT involving all employees, Veterans and Members, family and Board Members representing all departments and services we provide.

We strive for continuous improvement in the delivery of our services so that our Veterans and Members experience the highest quality of life permitted by their health status.

QAPI uses industry standards of practice to establish performance measures.

QAPI will support a system whereby Veterans and Members may choose the care that is most important to them.

A priority for QAPI is the respect for care preferences expressed by our Veterans and Members.

These are the principles by which we work every day in each department. Everyone is involved in providing the very best care and life for our Veterans and Members.

Next time we will look at QAPI Goals.

Grandparents' Day Fishing Derby



CHAPLAIN'S MESSAGE

Dear VVH Friends,

Autumn is that great season of change between the warmth and sunshine of summer and the crisp, cold, snow- filled days of winter. Isaiah 40:8 remind us that-

“The grass withers, the flower fades, but the word of our God will stand forever”

In a changeable world, in a world of uncertainty, what a great assurance it is that we have something we can rely on and that is God's Word. We hear so often that life is uncertain. We look around us and we see challenges on every side. This is certainly not something that afflicts our present age alone. Holy Scripture assures us that the God we serve is one who never changes and whose love is forever secure, in each and every age.

The 1930's were another time of great challenge in our nation and the world at large. Many of assurances then held were in questions. Old alliances were shaken. As we know the world stood on the edge of the greatest conflict in human history. The Great Depression devastated nations as well as individuals.

It was in this decade of uncertainty [the 1930's] that one churchman conceived of the idea of “World-wide Communion Sunday,” [now commonly known as “World Communion Sunday.”] He felt it important for churches to set aside one Sunday a year to celebrate together their common faith. This movement to create a World Communion Sunday grew out of a division between two churches. It was felt that by focusing on what unites us rather than what divides us, that churches could come together in the spirit of unity.

On October 7, congregations around the globe will celebrate World Communion Sunday. They will be reaffirming their commitment to the Lord and to each other as well. As one contemporary chorus expresses it *“we are one in the Spirit.”*

World Communion Sunday remind us that when we gather together we do so as a family. And just as a family gathers at the table for various celebrations, so we as a family of faith gather as well. We witness to the fact that there is so much more that unites us than that which divides us and if we can keep our focus on that simple fact, things can and will change. Not only will they change, they will change for the better!

The Psalmist tells us in Psalm 133-

“How good and pleasant it is when God's people live together in unity...for there the LORD bestows his blessing, even life forevermore.”

You see... unity is not uniformity. Unity is a condition of the spirit, uniformity is often impressed from the outside.

John Wesley expressed this so very well when he wrote, *“Though we cannot think alike, may we not love alike? May we not be of one heart, though we are not of one opinion? Without all doubt, we may. Herein all the children of God may unite, notwithstanding these smaller differences.”*

In our sadly divided world, wouldn't this be a powerful witness to the love of God for everyone? In ways great and small, may we pledge ourselves anew to the challenge of unity. May we pledge ourselves to pray for each other, care for each other, love and encourage each other as well! God's richest blessing to you all.

Grace & Peace, Chaplain Richard



Students from NYU (New York University in Manhattan) set up filming and sound stages on the VVH campus. It is one of the locations for a group senior project which included a director, sound and lighting technicians. The Vermont Veterans' Home will be included in the credits once the project is completed.

On behalf of the Veterans/Members, we sincerely thank the following for their generous donations.

Carol Perkins
Pownal Am. Legion Aux. Unit 90
VFW Post 1332
DAV Aux. Bennington, Chapter #4
VFW District 4
Phyllis & Rhonda Roberts
Norman & Beverly Willette
Shane Senecal
USS Bennington P.A.C.T.
Marlene Black & Renee Zeek
Kathryn Genier
Gloria Toro
Cancer Crusaders
Eunice Crowell
Denny Miller
American Legion Post 13

In Memory of Dewey Delsignore III

Mark & Madeline Wagoner
Warren W. Fane Inc
Anette M. King
Russel & Christine Pugh
Keeler Motor Company
Greene's Plumbing & Heating, Inc
Raymond & Margaret Tonnie
Kathleen & Jeffrey Trong
Joel Phelps
Kevin Kron dau, Jr.

In Memory of Virginia LaCroix

Mike LaCroix

In Memory of Raymond Bunker

Joan Sheldon

THANK YOU,

**THOMAS ROUNDS,
Director of the Emergency
Department at the Rutland
Regional Medical Center**

**FOR THE BEAUTIFUL
OUTDOOR FURNITURE
TO BE ENJOYED BY
OUR VETERANS AND
MEMBERS.**

**Show your Support at the
VVH Apparel Store!**

T-Shirts-\$15	Sweatshirts-\$25
Sweatpants-\$20	Zip Hoodie-\$35
Polo Shirts-\$25	Baseball Cap-\$20
Winter Hat-\$12	Scarf-\$12
Ornaments- \$8	VVH Pens-\$3
Small Totes- \$15	Large Totes-\$20
Wind Breakers: Unlined: \$23 - \$27	Lined: \$27 - \$31

From Deputy Administrator—Colonel Al Faxon

Recent global events whether natural disasters like the recent hurricanes to impact the southern United States, or manmade incidents require families, communities, states, and us at The Vermont Veterans' Home to have Emergency Preparedness Plans in place and ready to roll. Here at the Home we have an Emergency Preparedness Plan. This Plan is reviewed in its entirety at least annually, and exercises to support and test the plan occur throughout the year.



Our plan is termed an “All Hazards” plan, scalable, and adjustable to respond to the event.

At home, you should all have a basic understanding of how you will respond to an event that cuts off power, water, transportation, and anything else you see as a necessity in your life.

This link <https://www.fema.gov/media-library/assets/documents/7877> contains An In-Depth Guide to Citizen Preparedness, as well as various checklist to assist in you in being prepared.

As the Boy Scouts say....Be Prepared!



Semper Fi"
AF



Denny Miller, right, donated a custom made table for the Gibney Pavilion.

Pictured with Denny are Melissa Jackson, Jon Endres and Bowzer.



THE BUZZ WORD

Three ways for you to receive the Vermont Veterans' Home monthly newsletter:

- ♦ Vermont Veterans' Home website:
www.vvh.vermont.gov
Click on About Our Home
Click on Newsletters
- ♦ Email
- ♦ Mailing List

To be added to our lists please contact:

The Buzz Word
Vermont Veterans' Home
325 North Street
Bennington, VT 05201

Robyn Boland
(802) 447-6523
Email: robyn.boland@vermont.gov

VVH WISH LIST

I-Pod Shuffles
(4th Generation)



Pinball Machine/Game
Neck Pillows Body Pillows
CD Players I-Tune Cards
Costume Jewelry Stamps
Newspaper Subscriptions Outdoor Benches
(New) Men's Belts and Suspenders
Earphones for TV and Music
Two pocket front wheelchair/walker bags

Please make check for monetary donations out to Vermont Veterans' Home:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Your donations are gratefully accepted.

THANK YOU

We are looking for people with music talent and or special talents of any kind who would like to give time to our veterans and members on our special care unit. Please contact Michele Burgess at michele.burgess@vermont.gov or call 802-447-6520.

DONATION INFORMATION

Your donations are gratefully accepted. Please make check out to Vermont Veterans' Home:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Please indicate to which fund(s) you are donating:

Members Assistance:

Directly to Veterans/Members
Furniture, Haircuts, Clothing
Other personal needs

Namaste Program Fund:

Oils for relaxation
Supplies, Equipment

Unrestricted Fund:

Facility equipment
Large purchase

Activities Fund:

Entertainment

Music & Memory Fund:

iPods, Headphones, iTunes cards

NEW: Veteran's Mobility Trail

Monetary donations toward
a paved walkway around
the perimeter of the VVH

PLEASE NOTE:

**** We will NOT BE ACCEPTING books, magazines, VCR tapes or clothing at this time. THANK YOU to all who have donated to our Veterans at VVH.**

K	X	H	V	Q	Q	N	G	N	O	T	X
R	W	I	T	C	H	R	E	T	C	A	H
J	E	H	O	M	C	E	M	B	T	B	N
K	Q	D	U	D	W	T	E	B	O	Y	L
R	G	M	I	O	H	N	Q	W	B	O	Y
W	M	M	L	P	T	A	O	R	E	Y	Y
Y	N	L	H	A	S	L	U	I	R	P	G
T	A	O	C	B	H	O	O	N	T	J	T
H	K	K	O	W	L	K	S	K	T	S	C
F	C	W	K	M	D	C	G	C	O	E	C
J	A	F	F	R	K	A	T	H	A	O	D
Z	L	C	Q	Z	P	J	G	W	S	R	U
H	B	A	S	K	E	L	E	T	O	N	Y
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BAT

BLACK

BOO

CANDY

CAT

COSTUME

GHOST

HALLOWEEN

HAUNTED

JACKOLANTERN

MOON

MUMMY

NIGHT

OCTOBER

ORANGE

OWL

SCARY

SKELETON

SPIDER

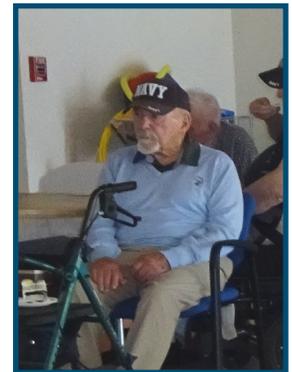
WITCH



WORD SEARCH



Air Force Birthday Celebration — 72 years strong



American Legion Post 13 Picnic

