

The BUZZ WORD

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	14
November	2023



I think a hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles.

Christopher Reeves

www.vvh.vermont.gov



VERMONT VETERANS' HOME

Fulfilling the Promise

The Vermont Veterans' Home was established in Bennington in 1884. It is governed by a Board of Trustees appointed by the Governor. The VVH offers a complete range of specialized care services for its residents. VVH goals focus on ensuring the dignity, independence, and the highest possible care and quality of life for each resident.

VVH is licensed to meet all levels of care for its residents and the VVH's departments and staff work together to provide those levels of care.

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<http://vvh.vermont.gov>

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From the Deputy Administrator
Asa Morin



To Our Veterans' Home Families:

Once again as Thanksgiving arrives, I have many blessings to reflect on, including that I have had the privilege of working another year at the Vermont Veterans' Home.



In October, I had the honor and privilege of visiting the National Purple Heart Hall of Honor in New Windsor, New York with three Veterans of the VVH who received Purple Hearts during their service in Vietnam. You can see photos of this in the pages to come. There is no database that lists all recipients of the Purple Heart. However, if you have received a Purple Heart or know someone who has, you can enroll them on the Hall of Honor by visiting:

<https://www.thepurpleheart.com/enrollment>.

Thank you to all the Veterans who have given me the opportunity to work for them another year.

Asa

Asa Morin, MSW, LICSW, LNHA

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November is Military Family Month and this month honors the parents and children

who stay behind and love their family members on active duty to protect the interests of their nation.

The observance recognizes the challenges family members face in support of their loved ones in uniform. Without their commitment and dedication, it would be impossible for our military to remain organized and focused. They are our patriots who support their family members, while enriching the communities they call home.



Cecelia displays one of her original, beautiful paintings.



Abuela's Boutique & Floral Design donated beautiful seasonal flower arrangements to be displayed at the Home for the enjoyment of the Veterans and Members.



KNOW WHEN TO
♦ HOLD 'EM ♣

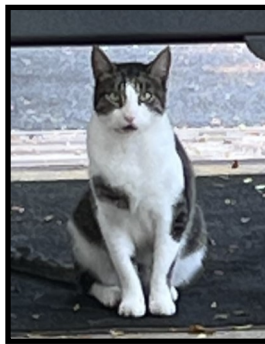


KNOW WHEN TO
♠ FOLD 'EM ♥



Jim White (R) deals out the cards to some of the members of the newly formed **Poker Club**.

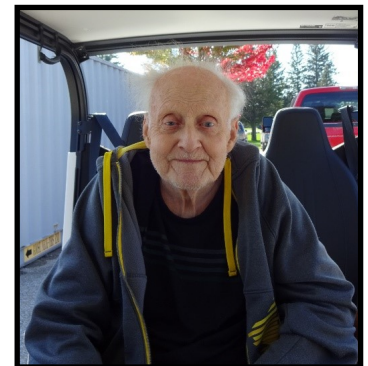
MEET TOBY



Toby came by to visit one day and had enjoyed himself so much that he decided to extend his time at the Home.

Getting pampered on laps and extra cat treats may have had a small influence on the feline.

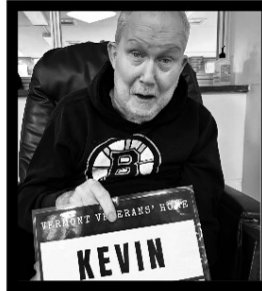
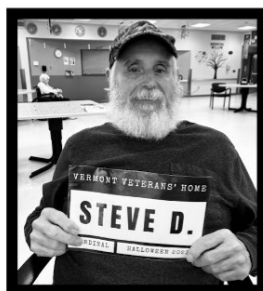
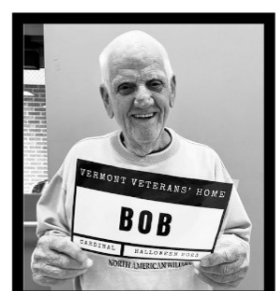
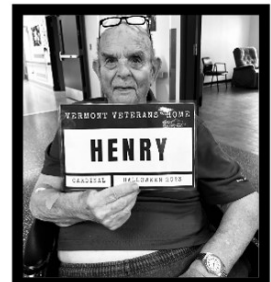
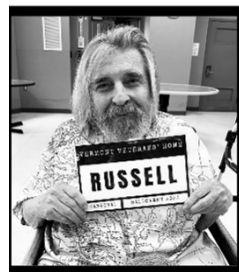
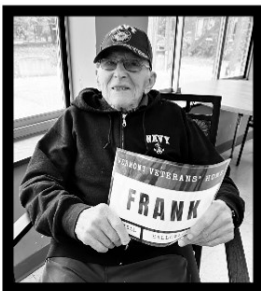
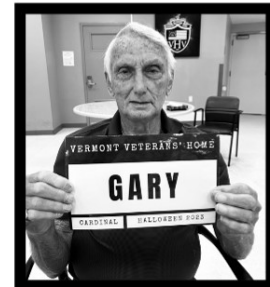
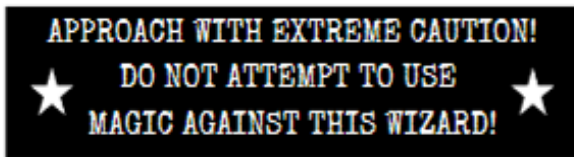
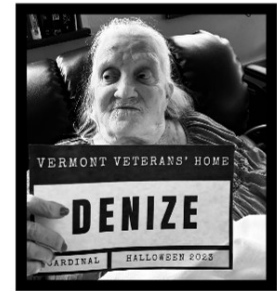
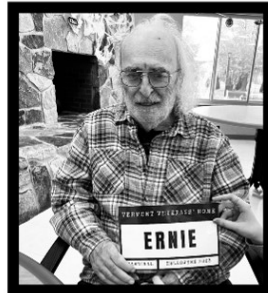
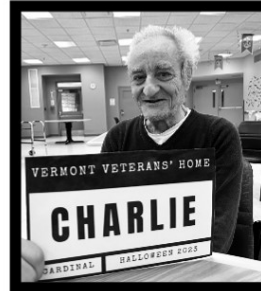
A golf cart ride on a clear autumn day brings smiles, fresh air, a tour of the campus and enjoyment of just being outside.



Our REHAB department helps to get the bones moving again.

Cindy developed a rehab program for this particularly interesting case.





Happy Halloween

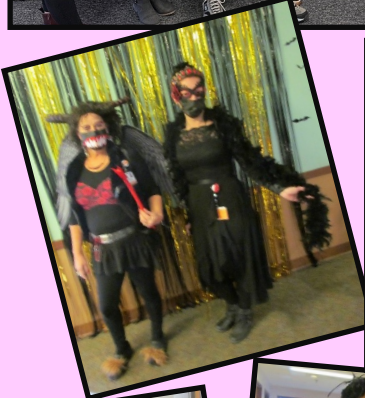


The Veterans and Members were ready with candy when the children of VVH employees came Trick or Treating.

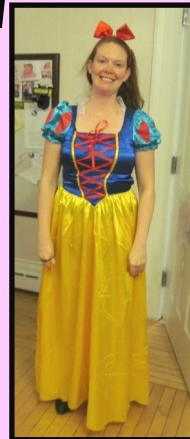




YOU'VE GOTTA HAVE FUN



"It takes a village to care for our Veterans and Members" at VVH



National Purple Heart Hall of Honor

The mission:
to collect,
preserve and
share the stories
of the
Purple Heart.
recipients.



**CHAPLAIN
SETZER'S
CORNER**

A THANKFUL HEART

In November we celebrate Thanksgiving Day. It is a day nationally recognized as a day for giving thanks to God for His many blessings. But how will we give those thanks? Will they be empty words or will we give sincere thanksgiving from the heart? Surely we understand that God knows if we are genuine and sincere in what we do.

We can fool people easily, but we cannot fool God. You see, we look at the face and God looks at the heart. Sometimes, we can appear so sincere in what we do and say, that people believe we are genuine. However, we may know that deep down we are not but God knows when we are simply being polite rather than truly considerate of others.

God also knows if our thanksgiving is sincere. The reason is simple, He sees the heart and we do not have to tell Him, He already knows because the heart is the center of our feelings. When we say we are thankful, we should FEEL thankful. Let us be honest with ourselves so when we speak of our love, mean it; when you say "I'm sorry," mean it; when you say thank you mean every word.

Thanksgiving is not to be a one day a year obligation, but in reality, we should thank God numerous times every day. Everyday our lives are filled with blessings. Do you ever have a sleepless night? Do you count sheep to go to sleep? Well try counting blessings to go to sleep and those blessings you recall will give you peace and joy. Hopefully you will then be able to fall asleep, giving sincere thanks from the heart.

Some may say, how can I cultivate a more thankful spirit? Here are three suggestions.

FIRST, we must CONFRONT the truth of God's word and realize that He is blessing us. If you think you were successful all on your own, you will never have true gratitude in your heart. You know all you have has come from Him and gratitude will come from the heart.

SECOND, we must spend some time COMPARING our lives to those of others. No, not to be proud and gloat but to realize how blessed we truly are. Think about all you have and be thankful.

THIRD, we can be more grateful by counting the blessings and then CONSIDER what your life would be without them. In other words, take time to count your blessings. Do not take them for granted. Look into the face of your companion and children and realize they are some of your blessings. Think what your life would be like without your loved ones.

We need to prepare our HEARTS for thanksgiving so God may see our true gratitude. A thankful heart will not just happen, we must work at it and the fruits of our labor will benefit us the rest of our lives.

Then when we say "Thank You!", we will really mean it. Sincere words of thanksgiving must come from "A Thankful Heart." Is your heart such a heart? If not, work on it and maybe by Thanksgiving Day you will truly have a thankful heart.

May God bless us all to be sincere in our thanksgiving this Thanksgiving Day and every day we are blessed to live.

CHAPLAIN SETZER

*Thankful
grateful*

Lord, you made me happy with your holy spirit.
Lord, you made me happy with all you have shown me.
You are amazing... wonderful beyond my imagination.
Words just can't convey how I feel.... about You, Lord.



CA Crawford



On behalf of the Veterans and Members, we sincerely thank the following for their very generous donations:

Phyllis & Rhonda Roberts

Michael Serra

Susan DiLorenzo

Marilyn Ficalora

Dolores Chittenden c/o Gina Jenks

Priscilla S. Lanpher

Joel D. Whiting

Harriet Boon

Walter L. Case Am. Leg. Auxiliary Unit 29

Norshafts Lions Club, Inc.

Abuela's Plant Boutique & Floral Design

Taconic Music Center

Randall Powers & Family of Ellen Powers

Rosemary Lindsey

Marcel Grenier

Am. Legion Post 323 Legion Riders-Granville, NY

IN MEMORY OF ALLEN P. RICHARDSON

Lucy & Sylvester Harrington

IN MEMORY OF WILLIAM PRAETORIUS

Kathleen Praetorius

IN MEMORY OF KENNETH COREY

Marie Coombs

John & Judy Keefe

Allan & Noreen Sands

IN MEMORY OF FRAN O'NEILL

Phillip & Robin Frasier

Lodie & James Colvin

Edward & Phyllis Molloy

Mary L. Peat

IN MEMORY OF GEORGE BIRNER

Greta B. O'Connell



Gina Jenks shows one of the porcelain dolls her mother, Dolores Chittenden, had collected during her lifetime.

She is sharing a portion of the collection with the residents at the Home.

This gift may bring back many fond memories to those who had played with these porcelain dolls.

thank you

VVH Staff Recognition Years of Service

ACTIVITIES

Virginia Harrington — 13 years

Holly Bahan — 5 years

Tara Powers — 4 years

ADMINISTRATION

Darlene Eriksen — 16 years

Sharon Sausville — 11 years

Jodie Coon — 7 years

NUTRITIONAL SERVICES

Kim Harrington — 11 years

Stephan Palmer — 7 years

HUMAN RESOURCES

Joyce Santacross — 19 years

NURSING

Winnie Rose — 25 years

Lynn Andrews — 23 years

Kimberly Murphy — 7 years

Lori Jerome — 6 years

Tina Cole — 1 year

Sarah Sigsbury — 1 year



THE BUZZ WORD

Three ways for you to receive the Vermont Veterans' Home monthly newsletter:

- ♦ Vermont Veterans' Home website:
www.vvh.vermont.gov

Click on About Our Home
Click on The Buzz Word

- ♦ Email
- ♦ Mailing List (postal)

To be added to our lists please contact:

The Buzz Word
Vermont Veterans' Home
325 North Street
Bennington, VT 05201

Robyn Boland
(802) 447-6523

Email: robyn.boland@vermont.gov

VVH WISH LIST

"Music and Memory" Players

A monetary donation of \$30.00 provides a customized music player to a Veteran or Member

Due to your generosity,
we **no longer need** fidget
blankets or wheel chair
bags.

**We will accept
only new or like-new**
Books and Puzzles



Craft Items or Kits
Neck Pillows
Aromatherapy Lotions
Relaxation Oils

Your donations are gratefully accepted.
Please make the check for monetary donations to:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

We are still not accepting: CDs or used clothing.

**PLEASE NOTE: WE WILL NO LONGER ACCEPT
DVDs due to modern technology of TV's and
streaming availability.**

We will keep you posted when changes are made.
Thank you for your patience and understanding.

MONETARY DONATION INFORMATION

Your donations are gratefully accepted. Please
make check out to Vermont Veterans' Home:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Please indicate in the memo area of the check to
which fund(s) you are donating:

Members Assistance:

Directly to Veterans/Members
Furniture, Haircuts, Clothing
Other personal needs

Namaste Program Fund:

Oils for relaxation
Supplies, Equipment

Unrestricted Fund:

Facility equipment
Large purchase

Activities Fund:

Entertainment

Music & Memory Fund:

Memory Music Players

Veteran's Mobility Trail:

Monetary donations toward a paved walkway
around the perimeter of the VVH

Wreaths for Veterans:

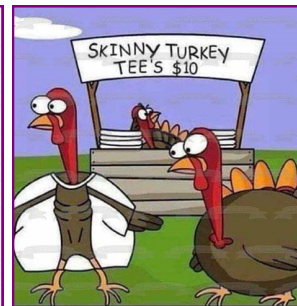
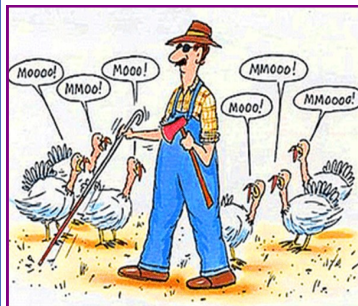
Donations will go towards the purchase of
wreaths for the wreath-laying ceremony

Freedom Park:

Cardinal Point outdoor area
enhancement and improvement



What happened to the
turkey when he got in a
fight?
**He got the stuffing
knocked out of him.**





Vermont Veterans' Home
325 North Street
Bennington, VT 05201



***“FULFILLING THE PROMISE: Caring for the
Veterans of Vermont and their families”***

THE VERMONT VETERANS' HOME THANKSGIVING DAY FAMILY DINNER



When: Thursday, November 23 at 12:00 p.m. (noon)

What: ONE (1) free guest, \$10.00 each additional Guest

RESERVATIONS and PRE-PAYMENT ARE REQUIRED

RSVP by Monday, November 13 to VVHAdmissions@vermont.gov
or call the Receptionist at 802-447-6510. (Receptionist will collect payment)

Menu: Choice of Turkey or Boneless Pork Ribs, dressing, mashed potatoes w/gravy, maple glazed squash, green bean casserole, cranberry sauce and assorted desserts.