



VERMONT VETERANS' HOME

VOLUME 9, ISSUE 10

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The BUZZ WORD



FULFILLING THE PROMISE

www.vvh.vermont.gov



VERMONT VETERANS' HOME

Fulfilling the Promise

**325 North Street
Bennington, VT 05201**

The Vermont Veterans' Home was established in Bennington in 1884. It is governed by a Board of Trustees appointed by the Governor. The VVH offers a complete range of specialized care services for its residents. VVH goals focus on insuring the dignity, independence, and the highest possible care and quality of life for each resident.

VVH is licensed to meet all levels of care for its residents and the VVH's departments and staff work together to provide those levels of care.

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<http://vvh.vermont.gov>

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Chaplain's Corner...

Howdy folks,

One of my favorite Bible characters is the Apostle Paul. In preaching to the Corinthians Paul said " We live by faith, not by sight". As believers, "we live by faith, not by sight"-God never wants us to live by our emotions. Our inner self may want to live by feelings, and Satan may want us to, but God wants us to face the facts, not feelings. He wants us to face the facts of Christ and His finished work for us. And once we face these precious facts, and believe them simply because God says they are facts, He will take care of our feelings.

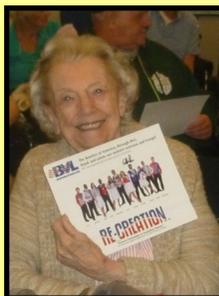


Yet God never gives us feelings to enable or to encourage us to trust Him, and he never gives them to show us that we have already completely trusted Him. God only gives us feelings when He sees that we trust him apart from our feelings, resting solely on His word and his faithfulness to His promise. These feelings that can only come from Him will be given at such a time and to such a degree as His love sees best for each individual circumstance.

So, we must choose between facing our feelings or facing the facts of God. Our feelings may be as uncertain and changing as the sea or shifting sands. Gods facts, however, are as certain as the Rock of Ages Himself-Jesus Christ,who is the same yesterday and today and forever,(Heb. 13:8).

God Bless you all, don't forget to pray for our troops serving around the globe.

Chaplain Ken



That time of the year!

Here we go again, flu season! Seems to come faster every year.

Did you know that getting the flu vaccine is the best way to protect yourself and your family? Anyone can get the flu. 24 hours before you have the symptoms of the flu you can be spreading the virus to others.

The “Germ Team” will be at it again to help spread the word around to Veterans and staff as to how important it is to receive your flu vaccine.

CDC recommends that you get the vaccine by the end of October, however, getting the vaccine after would also be beneficial.

The seasonal flu vaccine has a good safety track record. The Centers for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA) closely monitor the safety of seasonal flu vaccines.

Vaccines help our bodies develop immunity by imitating an infection. This type of vaccine **does not** cause the illness, instead it produces antibodies in your body. The body is left with a supply of “memory” and the antibodies remember how to fight the disease in the future. Antibodies are proteins in your blood.

It is not possible to predict what this flu season will be like. Flu spreads every year, the timing, severity, and length of the season varies from one year to another.



Here are a couple of myths re/ influenza:

The flu shot can give you the flu. Fact: The flu shot does not give you the flu, you may experience some cold-like symptoms for a short time after getting the flu vaccine but it is not the flu.

Deaths from the flu are exaggerated. Fact: Thousands of people die from the flu each year.



Reminders

1. Please wash your hands before you eat, after using rest rooms, entering VVH and leaving to name a few. Hand sanitizer is available by all entrances at VVH and in all Veteran/Member rooms.
2. Please cover your mouth when you cough, at all entrances at VVH there are mask available if you have a cough when you visit your loved ones.
3. Please delay your visit to VVH and your loved ones if you are ill, we will all THANK-YOU.

Thank you in advance for your assistance with this important matter!!!!

Patricia Babcock, RN, IP

If you have questions or concerns, contact Patricia Babcock at (office) 447-6467 or



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Veterans release newly hatched Monarch Butterflies



On behalf of the Veterans/Members, we sincerely thank the following for their generous donations.

James Carbin
Millersville Manor VFW Inc PACT
Bennington International Motorcycle Club
MG Black
Mr. & Mrs. John Zeek
USS Bennington PACT
Mrs. Janet Nico
Erin Kennedy
Clara Howard
Donald Harvey
Gary L. Moore, Jr.
Hope Leonard
Lori Leach

In Memory of Harry Olsson

Mr. & Mrs. Garret Roosma

In Memory of William Coty

Mr. & Mrs. Harry Lagess
Mrs. Florence Proulx

**In Memory of
Channey & Frances Butler**

Joy Ray

In Memory of Joseph Restino

Mrs. Winifred Restino
Mr. & Mrs. Patrick Erano
Ms. Joann Mattison
Ms. Sophie Ravena

In Memory of Phillip Viereck

Paul Hurlburt

In Memory of Roy Fournier

Joan Dunne

In Memory of Joseph Dell

Mr. & Mrs. Larry Steinberg
Mr. & Mrs. Daniel Casey

Events Calendar

November:

5th Elk's Steak Dinner

**12th Family Meetings with the CEO,
Melissa, Crispe room 1:00 pm**

December:

6th Community Tree Lighting at 5:30

16th Wreaths Across America, VVH

AIR FORCE 70 BIRTHDAY



Presentation
of the
sword





From Deputy Administrator—Colonel Al Faxon

Recent global events, whether natural disasters like the recent hurricanes impacting the southern United States or man-made incidents, require families, communities, states, and us at The Vermont Veterans’ Home to have Emergency Preparedness Plans in place and ready to roll. Here at the Home we have an Emergency Preparedness Plan. This Plan is reviewed in its entirety at least annually and exercises to support and test the plan occur throughout the year.

We recently exercised one of the events identified by our Risk Assessment through a “Table Top” exercise. This exercise was in response to an Ice Storm, similar to the 2008 storm that severely impacted northern Vermont. Our plan is termed an “All Hazards” plan, scalable, and adjustable to respond to the event.

At home, you should all have a basic understanding of how you will respond to an event the cuts off power, water, transportation and anything else you see as a necessity in your life.

This link <https://www.fema.gov/media-library/assets/documents/7877> contains An In-Depth Guide to Citizen Preparedness, as well as various checklists to assist in you in being prepared.

As the Boy Scouts say....Be Prepared!

S/F

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EMERGENCY PREPAREDNESS DEPARTMENT



*Healing the **body, mind and spirit** of those we touch.*



Nursing Department:

- Calling staff prior to storm
- Utilize Agency Staff
- Medications from the Pharmacy: early delivery
- Provide Staff with rest periods/areas
- Back up sources for emergency medications.
- Cancel Resident’s scheduled outside appointments

Social Services:

- Provide support and counseling
- Assist Veterans/Members in contacting loved ones
- Liaison between the VVH and family, guardians

Nutritional Services (Dietary):

- Sufficient supplies in storage for four (4) days
- Delivery of goods has been arranged with vendors and suppliers

Rehabilitation

- Assist with transport of residents
- Insure all residents have a wheelchair if not able to ambulate
- Assist with transitioning electronic mobile devices to manual mode for safe and effective transport

Activities:

- Provide sudoku, word search and crossword puzzle books for individual entertainment
- Offer social gathering opportunities (ie. exercise classes, bingo)
- Maintain regular schedule as conditions allow
- Offer optional activities of interest

Environmental Services – Emergency Preparedness **by Jon Endres, PE; Director of Environmental Services**

In terms of the nature of emergencies we plan for, many weather-related crises tend to be less difficult to predict and manage. More complicated crises occur without warning, such as power outages, terrorist activities, and earthquakes.

National and local codes and standards address the minimum basic requirements for emergency power, water, HVAC, fire protection, lighting, fuel storage, and communication systems. These requirements provide for life safety and immediate needs of the facility's residents, staff and visitors, but do not necessarily address our ability to provide for increased demand for services after an emergency, as well as to protect the physical plant and allow extended operations without the support of public utilities. Health care facilities must have a plan that addresses at least 96 hours following a crisis without support from the surrounding community.

The three basic areas of concern for the Environmental Services department are operations, facility integrity and post-emergent recovery. Personnel in the department have extensive knowledge of key systems and have the ability to solve problems 'on-the-fly' when confronted with emergency situations.

Operations allows the facility to continue or extend services during an emergency. The department should be able to provide for an increased demand for services if needed by staff members and their families. Additional quantities of fuel, water and other supplies will be obtained and temporarily maintained onsite. Our department has agreements in place with its normal suppliers for priority service during those times, as well as contacts for suppliers from areas outside the immediate region. The department also needs to maintain internal and external communications systems, provide basic security, and facilitate traffic flow including emergency-response vehicles, increased supply deliveries, rental generators and water trucks.

Facility integrity is essential to provide better protection for the physical plant and the building itself. This comes from protecting the building envelope from water intrusion, which can cause the growth of mold and result in large remediation costs. Maintenance staff monitor building HVAC systems to maintain a safe environment and provide dehumidification. Electrical systems will continue to be operational through on-site emergency generators. A stockpile of building supplies for emergency repairs is kept on site.

Recovery planning insures a timely restoration or continuation of services in the weeks, or potentially months, following a disaster. Once protection is in place for the physical structure and equipment, the department must make sure reliable sources of power and water will be available during recovery. In anticipation of long-term needs, the department can quickly obtain rental generators, fuel and potable water. The department maintains easily accessible drawings and records of mechanical and electrical systems in case support from temporary and rental equipment is required.

THE BUZZ WORD

Three ways for you to receive the Vermont Veterans' Home monthly newsletter:

- ◆ Vermont Veterans' Home website:
www.vvh.vermont.gov
Click on About Our Home
Click on Newsletters
- ◆ Email
- ◆ Mailing List

Please contact:

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VVH WISH LIST

CD Players

CDs of any type of music

Newspaper Subscriptions

Costume Jewelry

Envelopes, Stamps, Pens, Writing Paper

Men's Caps

Men's belts and suspenders

300 piece easy grip puzzles

500 piece easy grip puzzles

Universal TV Remotes

Earphones for TV and Music

DVD Players

Outdoor Benches

Your donations are gratefully accepted. Please make check for monetary donations out to Vermont Veterans' Home:

Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201

THANK YOU

*Honoring
Those Who Have
Served*

DONATION INFORMATION

Your donations are gratefully accepted. Please make check out to Vermont Veterans' Home:

**Vermont Veterans' Home
Business Office
325 North Street
Bennington, VT 05201**

Please indicate to which fund(s) you are donating:

Members Assistance:

Directly to Veterans/Members
Furniture
Haircuts
Clothing
Other personal needs

Namaste Program Fund:

Oils for relaxation
Supplies
Equipment

Unrestricted Fund:

Facility equipment
Large purchase

Activities Fund:

Entertainment

Music & Memory Fund:

iPods
Headphones
iTunes cards

PLEASE NOTE:

**** We will not be accepting books or magazines at this time. THANK YOU to all who have donated to our Veterans at VVH.**

Fishing Derby Sept. 2017





Travels with Steve



Dear All,

I was recently asked to write about a specific person so here is my attempt. The question that is always posed is, who was the most decorated American combat soldier in WWII? No, it was not MacArthur or even Patton. It was Audie Murphy.

From his humble beginnings in Kingston, Texas as one of 12 children, to the stage and screen of Hollywood, Audie Murphy is a hero. His older sister helped him falsify documents regarding his date of birth so he could meet the minimum age requirement for enlisting in the military. He was turned down by the Navy and the Marine Corps, but enlisted in the Army. He was involved with the invasion of Sicily, the Battle of Anzio, the liberation of Rome and the invasion of southern France. He received every military combat award for valor from the U.S. Army as well as French and Belgian awards for heroism.

His Medal of Honor was received at age 19 for single-handedly holding off an entire company of German soldiers for an hour at the Colmar Pocket in France in January 1945 and then leading a successful counterattack while wounded and out of ammunition.

His awards are too numerous to list here and to tell the story behind each one. I first learned about Audie Murphy from my dad who talked about his heroism during the war but also his 21-year acting career. Dad enjoyed watching his western movies. If you look closely around the Home, you may even see Audie's picture in a hallway.



As always, God Bless each of you and God Bless American.

Steve