

**Guidelines for a Safe Resident Excursion
Out of the Veterans' Home
May 17, 2021**

The guidelines below take into consideration the increased risk our Veterans and Members are to contracting COVID-19 and some more stringent than the recommendations from the CDC. We encourage you to follow these guidelines for the safety of your loved one and those residing at VVH.

- **It is the responsibility of the individual(s) taking the Veteran or Member out on excursion to notify the facility immediately at 802-375-5909, if there was any potential contact with an individual who tested positive for COVID-19 within 14 days of the excursion.**
- Wear masks in the vehicle and at your destination if anyone in the excursion including children, is **unvaccinated**. Make sure everyone involved in the visit is healthy, has no fever or symptoms of illness, and has not had any contact with COVID-10 infection people.
- You must successfully pass the facility COVID-19 Screening process to enter the facility and take your loved one out of the facility.
- If everyone involved in the trip is fully vaccinated (which means at least **two weeks** after the second dose in a **two-dose** series - *Pfizer* and *Moderna*, or two weeks after the only dose for a **one-dose** vaccine – *Johnson & Johnson*), then masks do not need to be worn and you do not need to practice physical distancing in a private setting such as someone's home. Mask and distancing should be used in a crowded public setting.
- Spending time outdoors is always preferable to indoors because COVID-19 is almost always caught when indoors.
- When spending time indoors, wear masks and maintain distance if there are any **unvaccinated** adults or children in your group, regardless of the vaccination status of your loved one.
- If going to a restaurant, your party should be fully vaccinated as you will be eating and talking without masks around a table. You should wear masks until you start eating.
- You are responsible for participating in any restaurant/public establishments contact tracing information requests.
- Sanitize or wash your hands and your loved one's hand frequently.
- Keep track of who was involved in the visit in case a contact investigation has to be done to follow-up a case of COVID-19.