



VERMONT VETERANS' HOME

VOLUME 6, ISSUE 7

JULY 2015

# The BUZZ WORD



Nothing is IMPOSSIBLE, the word itself  
says, "I'M POSSIBLE!"  
—Audrey Hepburn

## **THE BUZZ WORD**

Three ways for you to receive the Vermont Veterans' Home monthly newsletter:

- ♦ Vermont Veterans' Home website:  
[www.vvh.vermont.gov](http://www.vvh.vermont.gov)  
Click on About Our Home  
Click on Newsletters
- ♦ Email
- ♦ Mailing List

Please contact:

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Bennington, VT 05201

(802) 447-6510

Email:  
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## **DONATION INFORMATION**

Your donations are gratefully accepted. Please make check out to Vermont Veterans' Home:

**Vermont Veterans' Home  
Business Office  
325 North Street  
Bennington, VT 05201**

Please indicate to which fund(s) you are donating:

### **Members Assistance:**

Directly to Veterans/Members  
Furniture  
Haircuts  
Clothing  
Other personal needs

### **Namaste Program Fund:**

Oils for relaxation  
Supplies  
Equipment

### **Unrestricted Fund:**

Facility equipment  
Large purchase

### **Activities Fund:**

Entertainment

### **Music & Memory Fund:**

iPods  
Headphones  
iTunes cards

## *Music Concert*





VERMONT VETERANS' HOME

*Fulfilling the Promise*

**325 North Street  
Bennington, VT 05201**

**The Vermont Veterans' Home was established in Bennington in 1884. It is governed by a Board of Trustees appointed by the Governor. The VVH offers a complete range of specialized care services for its residents. VVH goals focus on insuring the dignity, independence, and the highest possible care and quality of life for each resident.**

**VVH is licensed to meet all levels of care for its residents and the VVH's departments and staff work together to provide those levels of care.**

*For any Further Questions Please Contact:*

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<http://vvh.vermont.gov>

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## Chaplain's Corner...



Howdy Folks,

Mother Teresa is the person who wrote the paper that was included in last months Buzz Word. She was a great Christian who advocated for the poor and downtrodden throughout her life. Surely her soul resides with God in his paradise.

This month is the American Legion Convention month for the Department of Vermont. The convention involves the entire American Legion family, Legionnaires, Auxiliary, Sons of the American Legion and the American Legion Riders. Approximately 400 American Legion family members will attend the convention, which begins Friday 26 June 2015 and goes through 27 June 2015. The purpose of the convention is to review the years progress toward serving our Veterans, our youth and our communities. The key leaders will be elected for the ensuing year and Posts, units and Squadrons will report on their successes and failures.

When the American Legion was established in 1919, the World War I Veterans had one objective, to serve Veterans and their families. They also declared that God would be their source of inspiration and strength, therefore; an office of Chaplain was established who would have the duty of ministering to all Veterans and their families. Our moto "For God and Country" was and still is our by-line.

As Chaplain for the American Legion, Department of Vermont, it is my duty to keep our members always aware that God is our help and strength. The Chaplain does memorials, funerals and special ceremonies at Post, County and District levels throughout the state in addition to conducting Spiritual activities at the conventions.

Our own Melissa Jackson will address the convention this year, reporting the status of the Vermont Veterans' Home. The American Legion seeks to support the Vets' Home in any way throughout the year.

In addition to Department Chaplain, it has been a blessing to serve as the Chaplain here at the Vets' Home these past 8 years. Visitations, counseling, worship services and Bible Studies are among the joy of serving as Chaplain.

Please say a prayer for our men and woman serving around the globe.

God Bless,  
Chaplain Ken



P.S. What is greater than God, more evil than the devil. The poor have it, the sick need it and if you eat it you will surely die? (Answer will be in next months Buzz Word)

### *The New Kid On The Block*



If you see this guy around, give him a warm welcome. Scott Betit is the Home's new Information Technology Specialist.

### *Miss Teen Maine US*



Kelley Wassick, Miss Teen Maine US came to the Home to visit her grandmother. It turned out being a treat for all.

A Friendly Reminder to Veterans/Members, Family Members and Friends,

Summer is here and people want to go outside and enjoy this wonderful time of year. Veteran/Members can sit on the front porch; enjoy the gardens in the various courtyards, and the Veterans' Home grounds. Please communicate with our staff and let them know where you are going.

If a Veteran/Member wants to leave the Veterans' Home grounds, please remember to sign out and let staff know who you are leaving with. Veterans/Members in the Nursing Home may leave the grounds with a responsible person., as designated in their medical record. This is to ensure our Veterans/Members safety by providing appropriate supervision.

Thank you!

The Social Service Department



### *Army's 240th Birthday Celebration*



Army Birthday Cake



Passing The Sword



"Mmm...that's good frosting!"



Cake Ceremony

## *Donations*

On behalf of the Veterans/Members, we sincerely thank the following for their generous donations.

Diana Kingsley  
Steve Golka  
Pam Ketzner  
Leonard J Capobianco  
Marilyn Frandfors  
CWO W3 Frank Thompson USN  
Margaret Whalen  
Anna Carmichael  
Mission Alliance Church  
DAV Auxiliary  
Elks Lodge #567  
Imagine Nation Books, LTD  
Peaceful Valley Quilting Guild  
American Legion Auxiliary #39  
**In Memory of John Winn**  
Joanna Napolitano  
Kathleen and James Williams  
Margaret Lillie  
John Masi, Sr.  
Margaret and John Phelps  
Eveready Battery Company Inc.  
Jerome Norton and Family  
Loretta Smith  
Linda and Edward Raetz  
**In Memory of Victoria Baker**  
Louise Welsch  
Elaine and Kenneth Coonradt

Anita Gauthier  
Kathleen and James Williams  
Karen and Jay Burnell  
Gloria and Eugene Lauzon  
**In Memory of Norman Roark**  
Kenneth and Elaine Coonradt  
Shaftsbury Snow Pilots Inc.  
Margaret Lillie  
Marie Ray and Jeanne McKenna  
Rose-Marie Santarcangelo  
**In Memory of Salvatore J Clarino, Jr.**  
John Groff and Elizabeth Hincks  
**In Memory of Mabel Davis**  
Marcy Robinson  
Dalton and Joe Giles  
**In Memory of Harold Fair**  
Shirley and Francis Nolin  
Diane and Francis Roy  
Ann and John Ryan  
Ann Fair  
Terese and Michael Comar  
Mary and Walter Barber Jr.  
D. Justine Scanlon  
Stuart Hurd  
Suzanne and Gregory Maguire  
Lynn DeBay

### BEREAVEMENT SUPPORT GROUP

**Tuesdays at 2:30 pm**

**Located in the Chapel at the Vermont Veterans' Home**

For adults living with loss due to a death. Find comfort, coping skills and support Confidentiality is always respected. No fee to attend this group.

### CAREGIVERS SUPPORT GROUP

**Tuesday, July 21, 2015 at 1:00-2:00**

**A. Luke Crispe Room**

*If you have questions, please contact: Bill MacMillan at 802-447-6524*

### ALS SUPPORT GROUP

**July 9, 2015 at 1:00 pm**

**Namaste Room on American Way**

*Please contact Christina Cosgrove, 802-447-2792, for more information.*





*From Deputy Administrator...  
Colonel Al Faxon*



We are at the forefront of a busy summer here at The Vermont Veterans' Home....Picnics....Car Shows....Fishing Derby's....Concerts....Open House....Pow Wow....etc....Wow! It goes to show you that we are a true community; in fact we have more going on at VVH this summer than many of the surrounding towns!



All of these events require considerable organization and effort, so to all of our great employees involved in these activities; thanks for making our Home special.

I again want to single out those of you who keep and maintain the Vermont Veterans' Home in the state of cleanliness that it ALWAYS is. Those within the House Keeping Department do an Outstanding job! This is by far, the cleanest.....freshest.....facility of this type that I have ever been in. I am proud to walk and tour people through our Home, and this is largely because of your efforts.

S/F

AF

*Vietnam Veterans of America Picnic*





## Travels With Steve

July 4<sup>th</sup> is upon us and what a better way to celebrate this Great Nation's birthday than with jets, fireworks, cannons, bells and a military parade.

Growing up in the 50's and 60's we had all of that. My dad worked for IBM in Poughkeepsie, NY and they put on a firework display for over an hour at the country club. There had to be close to 14,000 people there on those nights to see the fireworks. My brother and I made believe we were soldiers and as the loud booms went off, we fell to the ground as if we were hit by a bullet. Then we would immediately get up and made believe we were shooting at the enemy with our machine guns while making the sound of the gun going, "et, et, et, et, et, et". With the next sound of a big boom, the cycle would repeat itself. I still do that during fireworks until this day. My kids think I am crazy, but it is a lot of fun.



US Navy sailor

In my opinion the best place to see jets, fireworks, cannons, bells and a military parade is in Boston. I first heard about the Boston Pops during the bicentennial back in 1976. There were over 1 million people on the Esplanade to listen to the Pops and to hear them play Tchaikovsky's 1812 Overture. Little did I know that three years later in 1979, I would be on that same Esplanade. The concert starts out with a low flyover by 5 F-18's of the Massachusetts Air National Guard over the Charles River. Just prior to getting to the area, they kick in their afterburners and go zooming west down the river. (Do those jets ever make a noise!) I cannot imagine being in combat and hearing the sound of them all day long. For me, the highlight is at 2100 when the 1812 Overture begins. It starts out quietly and then when the Pops gets to the bells section of the Overture, the church bells in Boston all start clanging and then the howitzer cannons are shot off. There are 5 cannons there



Boston Pops on the Esplanade

and do they make a real loud noise. You can feel it go through your body and I cannot wait for more. Though it only lasts for about 7 minutes, I really enjoy it. Once again I think I am a little kid and as the sound goes through me, I fall to the ground and get back up again with my machine gun out.

I forgot to mention about the USS Constitution. Old Ironsides is the oldest commissioned warship still afloat and you can still walk the deck when you visit her in the Charlestown Navy Yard. Every 4<sup>th</sup> of July they take her out and turn her around in the Boston Harbor so the sides wear evenly. That is a must ticket to have. When you see Col. Allan Faxon around, ask him about his USS Constitution story.

A few years ago we were visiting the farm in Virginia and my friends neighbors invited us over for a 4<sup>th</sup> of July party on their farm. Again, the term "farm" is used very loosely. The Del is about 80 acres with mahogany stables for their horses and a house that is too much for even 20 people. The owners Diz and Lynn made us feel at home. I will talk about him in a later travel article since he was in WWII and he had some great stories. Anyway, the party was just a small soiree that included their family, the farm help and a couple of neighbors. All told there were about 80 people present. It ended with you guessed it, with a fireworks display that would rival Bennington's or any other towns display. We were amazed and could not believe that a "private" residence could have a display like this. But then again, this is horse country in Virginia. I don't need to say anything about the loud noises because you know what I did.

Happy 239<sup>th</sup> Birthday America! A big thank you goes out to all of the veterans who have made this possible and continue to make this Great Nation possible.

As President Reagan always said, "Thank you and God Bless America"!

Steve



Fly over by Navy Blue Angels  
over the USS Constitution



## Upcoming Events

### Band Concert

Wednesday, July 8, 2015 at 6:30PM  
Located in Patriot Hall

### VFW Picnic

Sunday, July 12, 2015 at 12:00PM  
Located on the Front Lawn

### Fishing Derby

Sunday, July 26, 2015 at 10:00AM  
Located at Charron Pond



F.Y.I.

## Valor Presents:

### American Indian Warriors in American U.S. Military Campaigns

By: Fidel Moreno, 28 year Ethno-documentary producer & director, an Oscar Nominee and 3 Time Telly award winner

Saturday, July 25, 2015 at 2:00 PM  
Located in Patriot Hall  
Open to the Community



Participation in all U.S. Military Campaigns beginning with the American Revolution by American Indians will be shared. Subjects to be presented will be Mohican warriors in the Battle of Bennington, George Washington's retreat from New York City to Trent, New Jersey, General Lee and his surrendering his sword to a TRUE AMERICAN, ELY PARKER, Seneca Tribal Member and first attaché to General Grant, Ira Hayes from the Pima Tribe, and Code Talkers in WWI, WWII, South Pacific, Korea, Vietnam, Iraq and Afghanistan.

## Watergate Salad

1 can (20 oz) crushed pineapple in juice, undrained

1 pkg. Jell-O Pistachio Flavor Instant Pudding

1 Cup JET-PUFFED Miniature Marshmallows

1/2 Cup chopped walnuts

1 1/2 cups thawed COOL WHIP Topping

Combine first 4 ingredients in a large bowl. Stir in COOL WHIP. Refrigerate 1 hour.



## JUST FOR LAUGHS....





# STATELINE CAR CLUB





# 2015 CAR SHOW



The Vermont Veterans' Home would like to thank the State Line Car Club, participants and visitors who attended the car show. The Veterans, Members and staff all had a great time, despite the drizzly weather. We all are looking forward to next year's Car Show.

